

# Welcome to Nomahegan Swim & Tennis Club

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WE ARE SO EXCITED TO HAVE YOU JOIN US!

Opening day is May 25th!

Since 1962, we have been bringing summer fun for the whole family!

# **BOARD OF GOVERNORS**

## **~ Executive Board**

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- President: **Shefali Gandhi**
- Treasurer: **Lee Stoller**
- Secretary: **Dr. Adam Rowen**
- VP Administration: **Ann Stavrovich**
- VP Operations: **Valerie Latona**

# BOARD OF GOVERNORS

## ~ Programming

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- Swimming & Diving: **Steve Kapuscinski** and **Allison Levitt**
- Tennis: **Dr. Cathy Linenberg**
- Social & Concessions: **Alissa Comer** and **Jacqueline Maher**
- Membership: **Lindsay Cuffaro**



# CLUB MANAGERS

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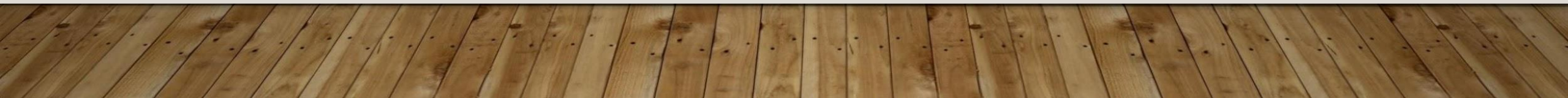
**Cheryl Paolino**  
Club Manager



**Anthony Herrejon**  
Asst. Manager



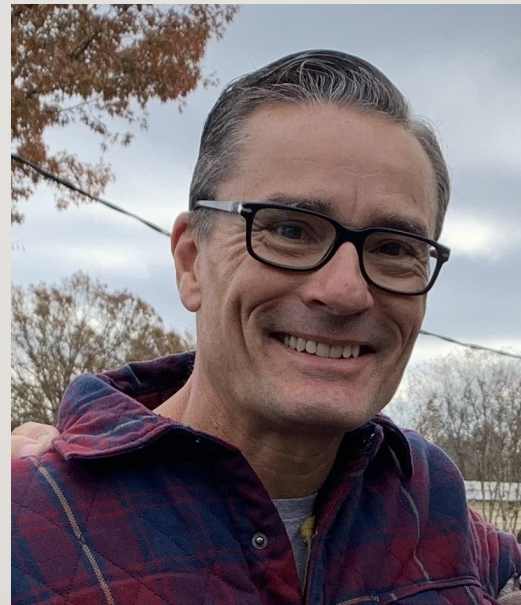
**Jen Mortenson**  
Asst. Manager



# KEY STAFF MEMBERS



**Doryan Amato**  
Business Administrator



**Stas' Retinger**  
Facilities Manager



**Gary Wasserman**  
Tennis Director



# CLUB INTERNET FOR MEMBERS

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Network Name : nstc\_members

Password : members2022



# RULES & REGULATIONS

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- Absolutely **NO GLASS** (salsa, pickles, baby food, beer/wine/water bottles, nail polish, etc.)
- Food and Beverages:
  - Welcome to be brought in or even delivered!
  - Alcohol **IS** allowed (just not in glass)
  - No food or beverages within 5' of the pool edges
  - Water **ONLY** on tennis courts please



# RULES & REGULATIONS (CONT.)



- No smoking nor vaping anywhere on premises
- No running within the cabana court or pool deck areas
- No use of the PA system for individuals
- No balls or tossing games within the cabana court areas
- Children 7 and under must be under adult supervision at all times while anywhere in the Club
- Playground - all children ages 2 - 12 must be supervised by an adult when using the playground equipment





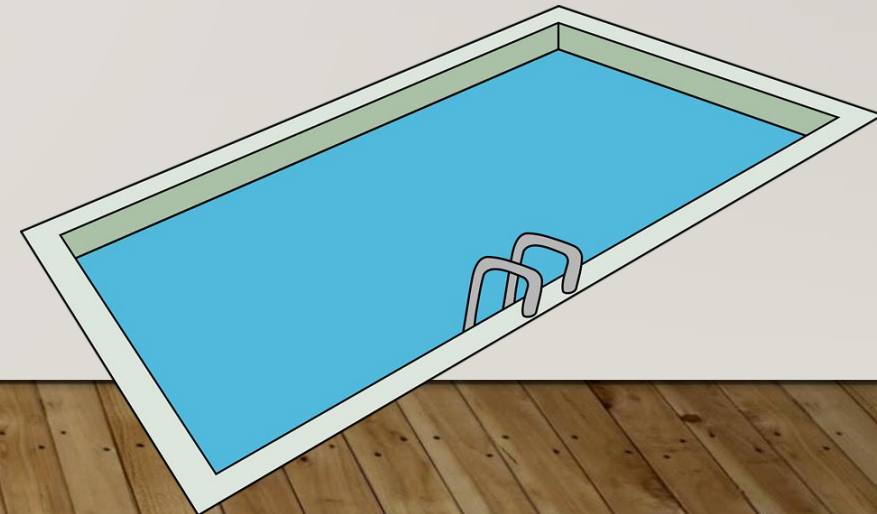
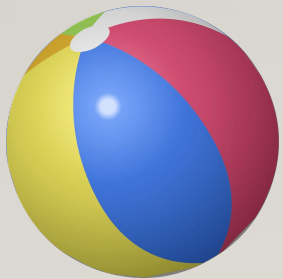
# RULES & REGULATIONS (CONT.)

## ~ POOL SAFETY

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- Diapered children in wading pool only
  - No hard balls and/or snorkels/fins
  - Use of inflatable toys on float days only (flotation devices such as “arm floaties” are not permitted)
  - No weighted dive toys
  - No diving from the deck edge
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- All swimmers under 13 years of age will take the **Deep Water Test** before being permitted in the Olympic Pool, on the Water Slide and/or on the Diving Boards
    - Swim the length of the Olympic Pool unassisted
    - Tread water for two minutes



# Club Admittance

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- Entry and exit to the Club is made through the gatehouse during regular hours
- Use of **Member Splash** membership database system
  - Access this system using the main email address provided to the Club and your password
    - Confirm individual family members' names and birthdates
    - Upload individual family members' photos
    - The gatehouse will check you in
- Children 13 through 17 may enter the Club without adult supervision

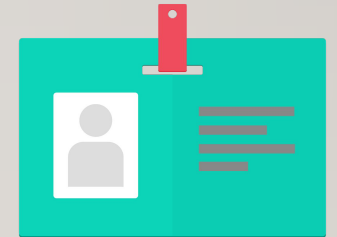


# GUESTS

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- Each family may bring up to 10 guests per day
  - Members aged 13 through 17 may bring 1 guest aged 13 or older unaccompanied by an adult
- Member must remain with guests for the duration of their stay
- Member is responsible for the guests' adherence to rules
- Guest credits are purchased through MemberSplash
- One guest = 10 credits
- Guest are registered at the gatehouse upon entry.
  - Guest visitation is limited to 10 times per season.





# PARTIES

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- Party applications can be found on the Nomahegan website
- More than 10 guests is a party
- Board approval is needed for 50+ guests
- \$120 deposit of anticipated guests fees is required

# CAREGIVERS



- All caregivers must be over 18 years of age and must be **pre-registered** with the Club
- Seasonal
  - \$350 fee which allows unlimited access to Club
  - Seasonal caregiver applications can be found on the Nomahegan website
- Daily
  - Combined total of 10 visits to the Club per season
  - One daily caregiver = 15 guest credits



# CABANAS



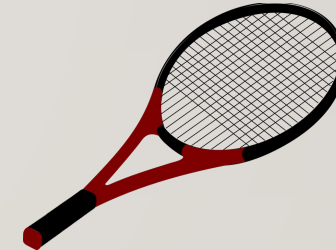
- **Each member family is automatically added onto the wait list for a cabana**
- Traditionally, all members have been able to receive a cabana by their second year
- Cabanas are rented annually. The rental fee for 2024 is \$150
- Each cabana court area is lettered from A (immediately to the left after the Food Concessions Area), going clockwise around to O (immediately to the right after the Restrooms). Entrance to the Tennis Courts and Recreation Fields are through E Court. Entrance to the Playground Area and Recreation Fields are through H Court.
- Families are asked to specify which cabana court area they would like to be located, if possible, for placement next year. Cabana renewal will automatically default to returning to the same cabana location each year unless a cabana relocation is requested.



# PROGRAMS



- Swim & Dive Teams
  - Daily practice sessions and twice weekly meets
  - Team participates through Union County Outdoor Swim League through end of July
  - Registration is required and nominal fee requested at time of registration
- Water Polo
- American Red Cross Learn to Swim (LTS) Programs
  - Children's Swim Lessons
    - Registration is required; No additional fees
    - 2 sessions; 3 weeks long each
  - Masters Swim for Adults
    - Mondays and Thursdays, 6:30-7:30 pm
- Tennis Program
  - Daily drills, open to all members of all levels of play and ability
  - No additional fees for any of the daily drills
  - Registration required through MemberSplash
  - Courts 5 & 6 are lined for Pickleball



# PROGRAMS (CONT.)



- **Socials** (dates and times may change)
  - May 27th - Welcome Back Party with Parrot Peach
  - June 8th-Solo Pop Music Tribute Performer- Alex English
  - June 27th - Bingo
  - June 28th - Family Movie Night
  - July 4th - DJ The Spinners
  - July 7th - Asbury Fever
  - July 13th - Valencia School of Music performs
  - July 18th-Bingo
  - July 15th-Family Movie Night
  - July 20th - Magic Show
  - July 25th - Nomo day with The Spinners
  - August 3rd - Trivia Night
  - August 15th - Bingo
  - August 17th - Marc Vincent Sica
  - August 24th - Richie Balin
  - September 1st - The Wood Vibrations

*\*\*With More to Come!\*\**



# PROGRAMS - Starting June 26th



- **Arts & Crafts**

- Monday through Friday, Available 11 am through 3:30 pm

- **Float Days**

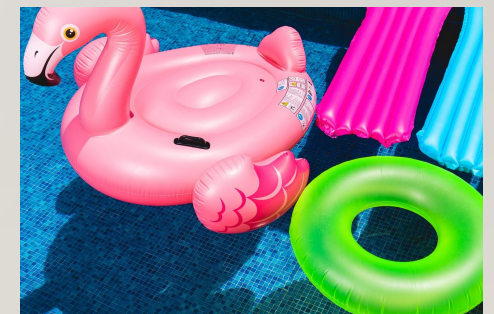
- Tuesdays, 5 to 7 pm
- Thursdays, 3 to 5 pm

- **Water Aerobics**

- Days and time to be determined

- **Sports and Recreation**

- Monday through Friday, 1:30 to 2:30 pm





# YOUR RESPONSIBILITY

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Please familiarize yourself and your family with the **Rules and Regulations** as well as the **By-Laws** which can be found at [Nomahegan.net](http://Nomahegan.net).



# COMMUNICATION



- All communication is sent via email.  
Please make sure you are subscribed or subscribe here:  
<https://www.nomahegan.net/resubscribe>
- Visit our website at: [www.Nomahegan.net](http://www.Nomahegan.net)
  - All forms available
  - Calendar of events (with details)
  - Rules and regulations
  - By-laws
  - And more!
- Anticipate our weekly emails during the season!

